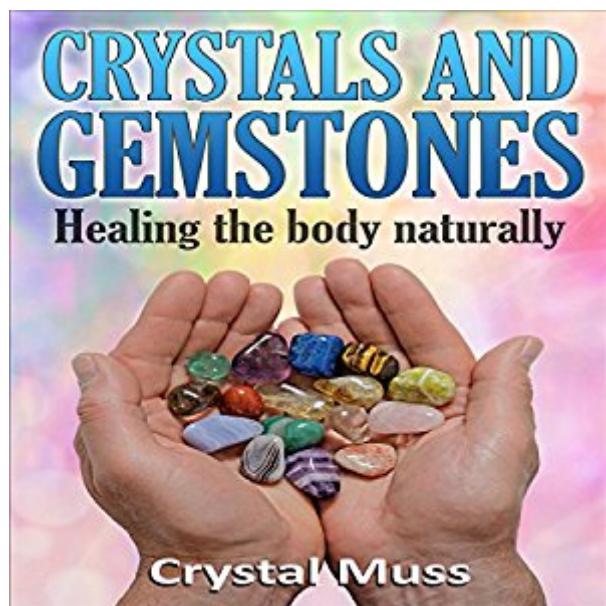


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# Crystals And Gemstones: Healing The Body Naturally



## Synopsis

Unlock the natural healing power of crystals! Are you fascinated by crystals and gemstones? Do you need more knowledge about using them to help people? Would you like to receive their healing power? If so, then Crystals and Gemstones: Healing the Body Naturally is the book for you! You'll learn whether crystal and gemstone healing is fact or fiction, and how to tell the difference between crystals and gemstones. Crystals and Gemstones: Healing the Body Naturally explains the new-age science behind stone healing and the benefits of using crystals and gemstones. You'll discover the most common health problems that crystals can heal: headache mild insomnia heart problems blood flow stress and fatigue mental troubles. This book also explains the psychology of color and how to assign meanings to stones based on their hue. You'll also learn about chakra points and how to use crystals to in chakra healing. You'll even discover a step-by-step guide on how to use crystals and gemstones to heal the body at home - and much, much more! Purchase this expanded Second Edition of Crystals and Gemstones: Healing the Body Naturally now. Start getting the healing you need and deserve! Happy listening and good luck!

## Book Information

Audible Audio Edition

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## Customer Reviews

I got some crystal bracelets as gifts from an aunt who's into alternative medicine. This was the perfect guide to help me understand how to properly use them and benefit from their healing properties. My birthstone is actually emerald and I wear a ring with the stone all the time.

According to this book, the gem inspires loyalty and success in my love life. Hmm, very interesting! I had fun reading!

In this book you will know to do the alternative ways to heal your body by using gemstones. And from this book, you can help to treat your insomnia, heart problems and a lot more. Not only that, you can even find a concise explanation on the Chakras in our body - which is so important, and how do they work together. What most interesting for me is the chapter in all about Chakra's and very specific instructions for healing with gemstones were most easy and very informative. Over all it's a very informative book!.

I learned a lot about how crystals can be helpful for the body. It's more of a spiritual thing and having something that can help you find peace. It has been a big help unwinding from stress.

I don't really believe in the power of crystals and gems to heal, but this was a very interesting read and was free.

I learned quite a few things about crystals. I now know what the 7 chakra are and which gems and crystals I need for me

This is a great book to read the history of crystals and gemstones. There have been many uses for crystals and gemstones but this book takes you back to the ancient times when crystals were used as healing stones and more. Back to when Egyptians used Topaz to fight of night terrors and much more. Great read!!

This book is next to my bed all the time. I used it as a reference each time I have something or feeling discomfort. My crystals help me a lot ranging from health issues to stress and simple relaxation. It might not be to everyone's taste but this book will help you understand how crystals work. The information provided in the book is invaluable.

This was an okay book, names a lot of stones and talks about what they're good for. It doesn't go into too much detail though, but over all good book. :)

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